Diaper Changing Procedure

1 HAVE DIAPERING SUPPLIES READY

Ensure supplies are within reach of staff, but not accessible to children. Perform proper handwashing and put on disposable gloves.

2 PLACE THE CHILD ON NON-POROUS SURFACE

Keep one hand on the child at all times. Unfasten the diaper, but leave the soiled diaper under the child. Avoid contaminating additional items.

3 CLEAN THE CHILD'S DIAPER AREA

Lift the child's legs as needed and use a fresh wipe each time you wipe front to back. Place the soiled wipes into the soiled diaper or directly into a covered, plastic-lined, hands-free trashcan.

4 REMOVE THE SOILED DIAPER

Fold the soiled surface of the diaper inward. Place soiled disposable diapers in a covered, plastic-lined, hands-free covered trash can. Remove gloves using the proper technique.*

5 PUT ON A CLEAN DIAPER AND DRESS THE CHILD

Slide a fresh diaper under the child. Use a clean disposable glove to apply any necessary diaper creams. Fasten the diaper.

6 WASH THE CHILD'S HANDS

Ensure proper handwashing.** Return the child to a supervised area.

7 CLEAN AND DISINFECT THE CHANGING TABLE

Clean changing table with water and soap solution then wipe away debris and soap residue with a paper towel. Wet the entire changing surface with a disinfectant. Put away the disinfectant and allow to sit or air dry according to manufacturer's instructions. Wash hands using proper procedure.

*Remove each glove carefully. Ball-up the dirty glove in the palm of the other gloved hand. With the clean hand strip the glove off from underneath at the wrist, turning the glove inside out.

**Please see Resource Section Three of the NECPA Standards Book for handwashing procedure.

Adapted From: Caring for Our Children Standard 3.2.1.4: Diaper Changing Procedure